

Date and year

Address

Address

Address

Postcode

Contact number/ email address if applicable

To the Practice Manager [or relevant lead] at xxxx Practice,

I'm writing to ask that you flag on my GP patient record that I am an unpaid carer.

I currently care for xxxxxxx [name and DOB]

I understand that there are relevant SNOMED codes to record that I'm an unpaid carer on your systems, which is considered good practice by NHS England.

The purpose of this is to ensure that I'm called for any relevant vaccination programme or health information. Importantly, this also means that the health needs of xxxxxxx can be considered should anything happen to me.

Adult unpaid carers are within Priority 6 for the JCVI vaccination for COVID-19. The JCVI defines this as follows: 'This includes those who are in receipt of a carer's allowance, or those who are the main carer of an elderly or disabled person whose welfare may be at risk if the carer falls ill.' (I gather this is the same definition that is used for the annual flu vaccination campaign.)

You can find the reference on [this page](#) (footnote 3) and the NICE guidelines are [here](#).

I can confirm that I fall within this definition as I am providing unpaid care for a disabled or older person whose welfare would be at risk if I was unable to provide that care.

I would like to request that you add to my patient record that I am an unpaid carer.

Thank you.

Yours faithfully,

NAME

Address

Contact details

NHS number