



ACTION FOR FAMILY CARERS

Fundraising Update



5K for 5 days
RUN & WALK

7th November to 5th December 2020

5k for 5 days Challenge to raise £5.
Run or Walk 5k on 5 occasions before the 5th December and donate £5 to Support Unpaid Carers.
Too easy? Set your own targets or try 10k for 10days.
For more information or a Sponsor Form email: events@affc.org.uk

5K RUN & WALK

Made with PosterMyWall.com

smile.amazon.co.uk

Did you know that if you shop with Smile Amazon and select AFFC as your chosen charity you will pay the same price as you would on the original Amazon site and Amazon will donate a % of your order value to us. Please sign up.



Action for Family Carers
Supporting Carers Across Essex

Charity Christmas Card Competition

£3 Entry fee per card to support Young Carers
Prizes for the best design in each category
Under 10yrs, Under 16yrs, Adult

For more details and to entry form see link to www.postmywall.com

Closing Date: 15th November 2020

If you would like your card returned please include a marked addressed envelope. All other cards will be left to their fate! For Young Carers or text to our Carers and Family Dept

Closing date extended to 4th December 2020

Young Carers Action Day 2021

From next year Young Carers Action Day will be moving from January to Tuesday 16th March 2021.

This is a chance to raise awareness of Young Carers and the issues they face on a daily basis as well as much needed funds to support them.

We are hoping that you will join us in celebrating the day by organising a Fundraising Event of your own or by making a donation through our website. The support service that we provide to Young Carers costs in the region of £120k per year, sadly if we are unable to raise this amount each year we will have to make changes to the service, something that we would hate to do. For a Fundraising Pack contact events@affc.org.uk



Action for Family Carers
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Thank you for your Support

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www.affc.org.uk