



Action for Family Carers

Supporting Carers Across Essex

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Booking Covid-19 Vaccinations

To Book your Vaccination visit: <https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/>

You can use this service for someone else if they give you permission.

You need to:

- Book 2 appointments for 2 doses of the Covid-19 vaccination.
- The 2nd dose should be 8-12 weeks after the first dose.

If you have tested positive for Covid-19 then you need to leave it 4 weeks from the date of your test to book an appointment.

Under 40's appointments will be for Pfizer/BioNTech or Moderna vaccines.

For age 40 and over you will be asked if you are pregnant – to make sure people that are pregnant are only shown appointments for Pfizer/BioNTech or Moderna vaccines.

FAQs

What can I do to prepare for the vaccine?

- Book your vaccine on the NHS website: <https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/>
- Take steps to arrange alternative support for the person you are caring for while you are at your vaccination appointment. If you need help to arrange this, please contact us on the number above.
- Read the coronavirus vaccination information on the NHS website: <https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/safety-and-side-effects/>
- Ensure you have some time to rest afterwards.

Can I get vaccinated at the same time as someone I care for?

Now that anyone over the age of 12 can book their vaccination, it is possible for more than one person to get their jab booked at the same time and venue.

Will I have to prove my status as an unpaid Carer when I go to get my vaccine?

No. Everyone over the age of 12 is now eligible to book a jab, if you haven't already done so.

